





## MAP AND PARKING



## DIRECTIONS AND PARKING

Parking available directly below the practice. Enter parking from William Street.

## OPEN HOURS

Monday to Friday  
8am - 5pm  
Plenty of parking

## WHAT HAPPENS AFTER MY SCAN?

We encourage you to go straight home after your scan is finished. Do not make any other appointments for this day. As a radiation precaution please do not spend any time in close proximity to children or pregnant women. You can eat and drink normally.

## WHAT IF I AM PREGNANT?

Please inform us if there is any possibility you are pregnant or if you are breast feeding.

## WHAT IS A PET / CT SCAN?

PET stands for "positron emission tomography". It is a nuclear medicine imaging test in which a small amount of liquid radioactive material is injected into your body and then imaged.

PET scans are used to diagnose a variety of diseases, including many types of cancers, heart disease and brain disorders. Our PET scanner is combined with a computed tomography (CT) scanner that uses X-ray equipment to create detailed images of the inside of your body. The PET/CT combination precisely localises abnormalities, allowing for more accurate diagnosis.

## WHAT IS THE PROCEDURE?

It is very important that you follow all the preparation required for the scan and that you arrive on time. When you arrive a needle will be inserted into a vein in your arm and your blood glucose level may be checked. The tracer will be injected and you will be left for a period of rest of approximately 45 minutes, after which your scan will commence. The images will take about 20 - 30 minutes.

## ARE THERE ANY SIDE EFFECTS?

There are NO side effects or adverse reactions from the PET scan injection.

A diagnostic CT may be requested by your doctor to be performed at the same time as the PET scan. Please advise our staff if you have an allergy to iodine contrast. Our staff are trained to ensure the CT and any associated injections will be safe for you.

## PATIENT PREPARATION

- Wear warm comfortable clothing for your scan with no metal objects (eg underwire bra, zippers, etc).
- Please remove all jewellery from around neck / ears.
- We ask that you limit the number of people attending with you to one, if possible. Because radiation is present, children should not accompany you.
- Remain hydrated. Please drink at least 1 litre of water in the hour leading up to your scan.
- Please bring with you any relevant medical imaging including previous PET or CT scans.

## FOR FDG PET SCANS

- Avoid strenuous exercise for 24 hours prior to scan.
- Have nothing to eat for at least 6 hours prior to your appointment time. This includes chewing gum, lollies, lozenges, etc. This is VERY important. It is very important that you ONLY drink water, NO milk, soft drinks or juices may be substituted as these items contain sugar which will interfere with the scan.

## DIABETIC PATIENT PREPARATION - (Note: This is only relevant if you are having an FDG PET scan)

- Diet Controlled:** Follow standard instructions above.
- Non-Insulin Dependent:** Have your normal breakfast with your morning oral medication and then fast for at least 6 hours prior to your appointment time as per above.
- Insulin Dependent:** Have a light breakfast and your normal insulin injection 4 hours prior to your scan time. Please bring your insulin with you.

## YOUR APPOINTMENT DETAILS

Time:

Date: