

VOIDING CYSTO-URETHROGRAM



Preparation Information Sheet

VOIDING CYSTO-URETHROGRAM

What is it:

An x-ray examination of your bladder and urethra.

What you must tell us beforehand:

If you have had any previous reaction to a contrast injection.

Preparation:

You will be asked to empty your bladder just before the examination.

What happens:

You will change into a gown. Your skin is cleaned with antiseptic. Anaesthetic lubricating jelly is used and a small catheter inserted into the bladder. You can feel this and it can be uncomfortable but it is usually not painful. The bladder is then filled with contrast fluid that can be seen on x-rays and a series of x-rays taken. When the bladder has been filled up, the catheter will be removed and you will be asked to pass urine into a pan or bottle. X-rays are taken as you pass urine to see the urethra and to detect any reflux, and again after the bladder is empty.

How long does it take:

About 15 minutes.

Your images and report:

After your examination, you will be given a copy of the most pertinent images from your study. A report will be given to you with the images, or sent directly back to your referring doctor by fax or email. We will store digital copies of all studies on our secure database for comparison with any future examinations.

Please bring any previous x-rays with you for comparison.

It is important that you return to your doctor with your examination results. Whether they are normal or abnormal, your doctor needs to know promptly so that a management plan can be formulated.